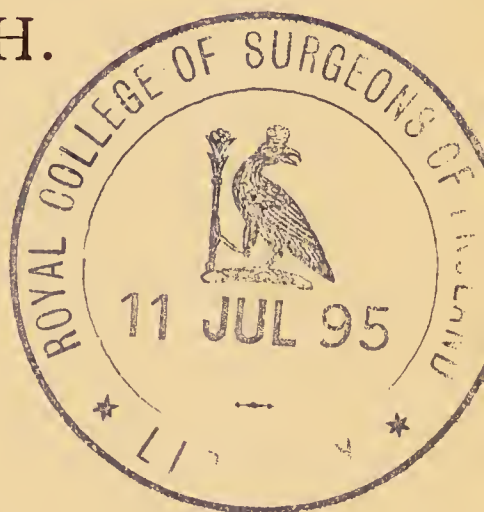


EAST SUSSEX
COUNTY LUNATIC ASYLUM

HAYWARDS HEATH.



THIRTY-SIXTH ANNUAL REPORTS
FOR 1894.

HAYWARDS HEATH:

J. C. CLARKE, PRINTER, "MID-SUSSEX TIMES" OFFICES.

—
1895.

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COMMITTEE OF VISITORS AND OFFICERS.

1894-5.

FOR EAST SUSSEX.

- Mr. A. M. Brookfield, M.P., Leasam House, Rye.
*Mr. A. Burtenshaw, Hailsham.
*Mr. W. H. Campion (*Chairman*), Danny, Hassocks.
Mr. E. M. Crookshank, Saint Hill, East Grinstead.
*Mr. C. R. Kemp, Bedford Lodge, Lewes.
*Mr. H. R. Knipe, 11 Eaton Gardens, West Brighton.
*Major J. J. Lister, Warninglid Grange, Haywards Heath.
*Mr. C. Longley, Wivelsfield, Haywards Heath.
*Major T. A. Maberly, Mytten, Cuckfield.
*Mr. W. E. Morrison, Mondello Lodge, Blackwater Road, Eastbourne.
Mr. H. F. H. Newington, M.D., The Gables, Ticehurst, Hawkhurst.
Mr. J. S. Oxley, Fen Place, Turners Hill, Worth.
Lieut.-Col. D. T. H. Sampson, Buxshalls, Lindfield.
*Captain A. Weekes, Mansion House, Hurstpierpoint.

FOR THE COUNTY BOROUGH OF BRIGHTON.

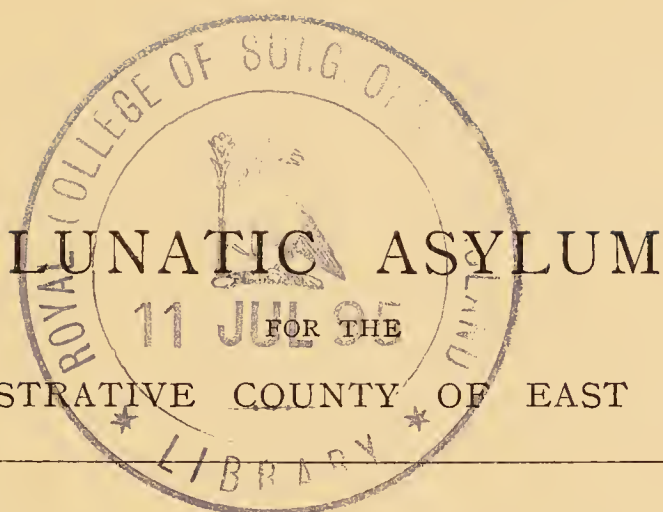
- Mr. J. G. Blaker, The Romans, Stanford Avenue, Brighton.
Mr. W. Botting (*Mayor of Brighton*), 80 Grand Parade, Brighton.
Mr. J. L. Brigden, 187 Western Road, Brighton.
*Mr. E. Martin, 46 Compton Avenue, Brighton.
*Mr. E. J. Reeves, 85 Queen's Road, Brighton.
*Mr. W. Sendall, 131 Preston Road, Brighton.
*Mr. J. Horton Stephens, 9 Clifton Hill, Brighton.

OFFICERS.

- Medical Superintendent*—C. E. Saunders, Esq., M.D.
Senior Assistant Medical Officer—E. B. C. Walker, Esq., M.D.
Junior Assistant Medical Officer—C. Planck, Esq., M.A. Camb.,
M.R.C.S., and L.R.C.P.
Chaplain—The Rev. E. R. D. Litle, M.A.
Clerk of the Asylum—Mr. S. A. Mortlock.
Storekeeper—Mr. T. Lenton.
Housekeeper—Mrs. Woodhouse.
Head Attendants—Mr. John Backhouse (Male Department).
Miss Buckle (Female Department).
Assistant Female Officer—Miss Mary Darbyshire.
Treasurer—Francis Barry Whitfeld, Esq., Lewes.
Clerk to the Visitors—Reginald Blaker, Esq., Lewes.

* Member of House Committee.

JANUARY, 1895.



THIRTY-SIXTH ANNUAL REPORT OF THE
VISITING COMMITTEE.

To the County Council of East Sussex.

THE VISITING COMMITTEE have pleasure in submitting to the Council their Report for the past year.

In pursuance of the Order of the Commissioners acting under the Local Government Act, made on the 12th April, 1892, West Sussex retired from the Asylum on the 31st December last, and the West Sussex patients, with the exception of 80 cases, arranged to remain under contract at Haywards Heath, were safely transferred to Fisherton House, Salisbury.

In accordance with the Order above referred to, the balance belonging to the Visiting Committee on the 31st December, 1893, was ascertained to be £6,068 14s. 10d., the proportion payable to West Sussex being £1,717 18s. 1d., which amount has been duly paid to the Treasurer of West Sussex.

The Asylum Estate, which is at present vested in Trustees, will shortly be conveyed to the County Council of East Sussex.

The Sewage Works on the estate, the expenditure for which has been authorised by the Council, were commenced in January last, and are now approaching completion. The new drain will convey the sewage to a distant part of the Farm, where it can be treated without risk to the water supply, and the separation of the storm water from the sewage will give additional facilities for the successful treatment of the latter.

The Land Tax charged on the Asylum Estate, the redemption of which was authorised by the Council, has been duly redeemed, at a total cost of £385 19s. 5d., being somewhat less than the amount estimated by the Committee.

During the year the Visiting Committee have granted superannuation allowances to Attendants James Rice, Edward Keys, and James Turner, and to Cabinetmaker William Gater, Stoker Alfred Betts, and Blacksmith Thomas Abbott, which grants respectively have been confirmed by the Council.

On the 4th August last the District Auditor, Mr. Boggis Rolfe, reported on his audit of the accounts for the year ended 31st March, 1894; this closed the first year during which the accounts have been kept under the Hanwell system, and the Auditor reported very favourably on the manner in which Mr. Mortlock, the Clerk of the Asylum, had adopted the new method.

The Lord Chancellor's Visitor made two official visits to the Asylum during the year, viz., on the 24th March and 18th August.

On the 11th and 12th May last the Commissioners in Lunacy made their annual visit to the Asylum for the year 1894.

The general health of the patients has, during the year, been remarkably good, and no case of infectious disease has occurred.

The County Coroner has held two inquests during the year, viz., on the 22nd November last, on a patient who died within three hours after admission, and on the 7th February last on a patient who committed suicide; in both cases the Jury exonerated the Asylum officials from blame.

Deputations of Guardians from many of the Unions within the contributing areas have visited the Asylum during the year, and the reports left by them bear testimony to their sense of the care and attention which the patients sent to the Asylum receive at the hands of the medical staff and attendants.

The female bathroom, basement, and dormitories have been re-decorated and repaired, and the sanitary condition much improved. New boilers, with the necessary fittings, to replace those worn out, have been fixed in the Well House, the work having been efficiently carried out by Messrs. Adamson & Co., of Hyde, near Manchester. The pumps and other water machinery have also been overhauled and properly repaired. The painting of the exterior of the Asylum has also been carried out to the satisfaction of the Committee by Messrs. Bostel Bros., the contractors.

The number of patients on the books on the 30th September, 1894, chargeable to East Sussex and Brighton was:—

Males	335
Females	459
	<hr/>
	794
	<hr/>

This number of 794 is divided as follows:—

From Unions and parts of Unions in	
East Sussex	452
From Unions and part of Steyning	
Union in the County Borough of	
Brighton	339
County patients chargeable to East	
Sussex including Brighton	3
	<hr/>
	794
	<hr/>

For the purpose of this analysis the patients from East Sussex and Brighton chargeable to the overlapping Union of Steyning have been apportioned according to population.

The number of patients in the Asylum on 30th September, 1893, chargeable to East Sussex and Brighton was 741, which, compared with 794, the number on 30th September last, shows an increase of 53 during the year.

The Admissions from East Sussex	
and Brighton (exclusive of	
Transfers) during the year ended	
30th September, 1894, were . .	249
The Discharges (exclusive of Trans-	
fers) were	98
The Deaths were	98
	<hr/>
	196
	<hr/>
Increase as above mentioned . . .	53
	<hr/>

The surplus beds on 30th September, 1894, were:—

On Male side	41
On Female side	42
	<hr/>
	83
	<hr/>

Since the month of January last the Visiting Committee have had under their earnest consideration the question of the provision of further accommodation, and a separate report on this subject was presented to the Council at their last meeting. The Committee will look with much interest for the reply of the Council thereto. The Committee regret that at the above rate of increase (53 during the year) the Asylum will be full in less than two years instead of four and a half years as stated in the separate report above referred to.

The surplus beds are at present occupied by West Sussex patients subject to removal on six months' notice and a few Out County, Criminal and Private patients.

The West Sussex Committee in view of the rapid way in which the Asylum is filling with cases from East Sussex and Brighton have consented not to fill up vacancies occurring in the number of their contract patients. By this means the Visiting Committee hope to be able to defer for a short time giving notice to West Sussex to determine the contract.

The Committee have again the satisfaction of reporting favourably of the condition and management of the Asylum. Dr. Saunders and the other officers have performed their duties in a manner satisfactory to the Committee, and the Committee are also able to report favourably of the conduct of the servants and attendants generally.

The following is a table showing the attendances of the Visiting Committee during the past year :—

*Table of Attendances from 25th November, 1893, to
27th October, 1894, both inclusive.*

	General Committee		House Committee	
	Number of times Summoned.	Attended.	Number of times Summoned.	Attended.
EAST SUSSEX.				
*Mr. Albert Burtenshaw .	12	8	22	11
*Mr. W. H. Campion (<i>Chairman</i>)	12	11	22	20
*Mr. C. R. Kemp	12	9	22	18
*Mr. Henry R. Knipe . .	12	7	22	11
Colonel Wm. Rowe Lewis .	12	7	1	—
*Major John James Lister .	12	10	22	16
*Mr. Charles Longley . .	12	7	22	3
*Major T. A. Maberly . .	12	10	22	17
*Mr. Wm. Epps Morrison .	12	11	22	18
Mr. H. F. H. Newington, M.D.	12	7	1	—
Mr. John Stewart Oxley .	12	10	1	—
Mr. T. E. Ravenshaw . .	12	12	1	1
Lieut.-Col. Dudley T. H. Sampson	12	6	1	—
Captain Arthur Weekes .	12	11	1	1
BRIGHTON.				
Mr. J. G. Blaker	12	9	1	—
*Mr. J. L. Brigden . . .	12	1	22	1
Mr. Joseph Ewart, M.D. (<i>Mayor of Brighton</i>) . .	12	2	1	—
*Mr. Edward Martin . . .	12	10	22	19
*Mr. Edward James Reeves	12	11	22	19
*Mr. William Sendall . .	12	5	22	9
*Mr. James Horton Stephens	12	11	22	20

*Member of House Committee.

Signed on behalf of the Visiting Committee,

W. HENRY CAMPION,

Chairman.

HAYWARDS HEATH,

27TH OCTOBER, 1894.

EAST SUSSEX COUNTY LUNATIC ASYLUM, HAYWARDS HEATH.

RECEIPTS and EXPENDITURE for the Year ending 31st March, 1895.

MAINTENANCE ACCOUNT.

RECEIPTS.						EXPENDITURE.					
	QUARTERS ENDING.				Total year ending March 31st.		QUARTERS ENDING.				Total year ending March 31st.
	1894, June 30th.	Sept. 30th.	Dec. 31st.	1895, March 31st.			1894, June 30th.	Sept. 30th.	Dec. 31st.	1895, March 31st.	
	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.		£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
Goods Sold, viz. :—						Salaries and Wages :—					
Farm and Garden Sales.....	40 19 3	9 18 6	11 18 8	87 15 8	150 12 1	Officers	586 14 0	594 0 4	585 10 1	578 15 3	2344 19 8
Old Stores, &c.	14 3 3	14 16 8	14 16 11	12 11 7	56 8 5	Attendants and Others	814 19 0	851 14 2	826 14 7	836 11 9	3329 19 6
Sundries	59 8 8	65 18 11	64 19 1	65 9 9	255 16 5	Provisions (including Malt Liquor in ordinary diet)	1767 17 1	1872 4 1	1742 7 11	1616 18 6	6999 7 7
Sums received on Account of the Maintenance of Pauper Patients :—						Malt Liquor, Wine and Spirits (not included in ordinary diet).....	36 13 6	40 9 0	34 17 6	49 11 6	161 11 6
From Guardians of Unions and Parishes within the Contribu- tory County and Borough	4870 3 6	4712 13 9	4871 18 0	5079 0 4	19533 15 7	Farm and Garden Expenses	369 9 3	424 5 4	457 17 10	798 3 9	2049 16 6
From Guardians of other Unions and Parishes	24 10 0	28 0 0	22 4 0	27 12 0	102 6 0	Clothing :—					
From the Treasurers of Contribu- tory County and Borough	12 13 6	18 4 9	18 4 9	18 16 0	67 19 0	For Patients	228 12 3	161 0 0	301 11 9	216 11 3	907 15 3
From the Treasurers of other Asylums, for Patients received under contract or arrangement	817 19 3	800 6 7	764 1 0	702 8 0	3084 14 10	For Attendants	5 16 5	27 2 2	30 9 0	87 10 11	150 18 6
Private Patients	52 0 0	52 11 3	52 11 3	51 8 9	208 11 3	Necessaries (including Fuel, Light- ing and Washing)	988 6 8	379 7 8	712 2 0	521 17 9	2601 14 1
Criminal Patients :—						Surgery and Dispensary	15 10 10	23 14 3	30 1 8	20 11 4	89 18 1
From Parliamentary Vote	14 0	12 0	...	1 6 0	Furniture and Bedding	153 15 3	155 2 11	98 18 10	320 16 1	728 13 1
Funeral and Removal Expenses :—						Funeral Expenses.....	18 1 6	12 11 4	12 13 10	17 0 11	60 7 7
From Guardians of Unions and Parishes	12 0 0	21 16 6	19 10 0	40 13 0	93 19 6	Transfers to the Building and Repairs Fund Account, viz. :—					
						For Ordinary Repairs (53 Vic., c. 5, s. 271 [2])	85 3 10	85 3 10
Total Receipts	5903 17 5	5725 0 11	5840 15 8	6085 15 1	23555 9 1	Excess of Weekly Charge on "Out County" Patients.....	1259 6 4	1259 6 4
Balance at the Commencement of the Year, viz. :—	5073 14 4	Other Payments :—					
Total of Receipts and Balance	28629 3 5	Stationery and Printing	80 3 9	68 12 7	87 10 1	63 16 10	300 3 3
						Periodicals and Amusements	23 13 8	35 10 10	40 7 9	35 11 3	135 3 6
						Freight and Carriage	24 1 7	20 7 3	22 5 5	22 10 7	89 4 10
						Incidentals	8 14 5	24 9 5	29 1 5	33 14 9	96 0 0
						Sundries	189 2 3	598 14 11	321 8 11	1109 6 1
						Total Expenditure	5122 9 6	4879 13 7	5611 4 7	6886 1 6	22499 9 2
						Balance in hand at End of Year, viz. :—	6129 14 3
						Total of Expenditure and Balance	28629 3 5

BUILDING AND REPAIRS FUND ACCOUNT.

RECEIPTS.						EXPENDITURE.					
	QUARTERS ENDING.				Total year ending March 31st.		QUARTERS ENDING.				Total year ending March 31st.
	June 30th.	Sept. 30th.	Dec. 31st.	March 31st.			June 30th.	Sept. 30th.	Dec. 31st.	March 31st.	
	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.		£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
Ordinary Repairs.....	302 6 6	756 0 11	829 1 5	262 7 11	2149 16 9	Ordinary Repairs	345 2 0	761 10 5	835 4 11	356 3 9	2298 1 1
Additions, Alterations, and Im- provements (under £400)	8 5 5	37 16 8	149 10 1	195 12 2	Additions, Alterations, and Im- provements (under £400)	8 5 5	37 16 8	149 10 1	195 12 2
New Buildings and Extraordinary Outlay	630 8 0	430 3 9	553 19 8	423 17 10	2038 9 3	New Buildings and Extraordinary Outlay	630 8 0	430 3 9	553 19 8	423 17 10	2038 9 3
Rates, Taxes, and Insurance	7 6 0	84 18 4	92 4 4	Rates, Taxes, and Insurance	7 6 0	84 18 4	92 4 4
Other Receipts :—						Total Expenditure	975 10 0	1199 19 7	1434 7 3	1014 10 0	4624 6 10
Cottage Rents, &c.	42 15 6	5 9 6	6 3 6	8 12 0	63 0 6	Balance in hand at End of Year, viz. :—	1259 6 4
Transfers from the Maintenance Account, viz. :—						Total of Expenditure and Balance	5883 13 2
For Ordinary Repairs (53 Vic., c. 5, sec. 271 [2])	85 3 10	85 3 10						
Excess of Weekly Charge on "Out County" Patients	1259 6 4	1259 6 4						
Total	975 10 0	1199 19 7	1434 7 3	2273 16 4	5883 13 2						

Examined by the Finance Committee, April 27th, 1895.

(Signed) W. HENRY CAMPION (Chairman).
H. R. KNIPE.
JOHN J. LISTER.

(Signed) S. A. MORTLOCK,
Clerk of the Asylum.

AVERAGE WEEKLY EXPENDITURE for the Year, for each Patient, from Weekly Rate.					
	QUARTERS ENDING.				Average for the Year ending 31st Mar., 1895.
	1894, June 30th.	Sept. 30th.	Dec. 31st.	1895, March 31st.	
	s. d.	s. d.	s. d.	s. d.	s. d.
Provisions	3 9 ³ / ₈	3 10 ⁵ / ₈	3 8 ³ / ₈	3 11	3 9 ³ / ₈
House and other Expenses	2 0 ⁷ / ₈	1 5 ¹ / ₂	2 6 ¹ / ₂	2 5 ¹ / ₂	2 1 ⁵ / ₈
Clothing	0 5 ³ / ₈	0 5 ¹ / ₂	0 7 ³ / ₈	0 8 ⁵ / ₈	0 6 ³ / ₈
Salaries and Wages.....	2 6 ¹ / ₈	2 6 ¹ / ₂	2 5 ¹ / ₈	2 5 ¹ / ₂	2 5 ³ / ₈
Medicine, &c.....	0 1 ¹ / ₈	0 1 ³ / ₈	0 1 ³ / ₈	0 1 ¹ / ₂	0 1 ³ / ₈
Incidentals	0 0 ¹ / ₂	0 0 ¹ / ₂	0 0 ⁵ / ₈	0 0 ¹ / ₄	0 0 ¹ / ₂
Total	8 11 ¹ / ₂	8 6	9 5 ¹ / ₂	9 8 ⁵ / ₈	9 1 ¹ / ₈
Weekly Rate Chargeable to the Unions Contributing to the Asylum	9 9	9 3	9 3	9 9	9 6
Ditto do. Not Contributing do.	14 0	14 0	14 0	14 0	14 0
Ditto do. For Private Patients	16 0	16 0	16 0	16 0	16 0



EAST SUSSEX COUNTY LUNATIC ASYLUM.

BALANCE STATEMENT for the Quarter ending March 31st, 1895.

ASSETS.			DEBITS.		
1895.		£ s. d.	1895.		£ s. d.
Mar. 31.	From Unions, &c., in Arrear	11 11 10	Mar. 31.	To Amounts due to Sundry Tradesmen, on Account of Maintenance, Repairs, &c., &c.	2877 16 9
"	Due from Unions Contributing	5079 0 4	"	ditto on Cheques not paid in	1458 14 7
"	" Ditto not ditto	27 12 0	"	Cheques on Salaries not paid in	578 15 0
"	" East Sussex County Council	18 16 0			
"	" West Sussex Asylum Committee	702 8 0			
"	" Private Patients' Account ..	51 8 9			
"	" Funeral Charges	40 13 0			
"	" For Sale of Farm Produce, &c.	165 17 0			
"	" Repairs, Alterations, &c.	920 14 2			
"	" Cottage Rent	8 12 0			
"	" Cash in Banker's hands	3842 12 5			
"	" Clerk's ditto	175 15 1			
		<hr/>			<hr/>
		£11,045 0 7		Surplus Balance	6129 14 3
		<hr/>			<hr/>
					£11,045 0 7
					<hr/>

Submitted to the Finance Committee this 27th day of April, 1895.

(Signed)

H. R. KNIPE.

(Signed)

S. A. MORTLOCK,
Clerk of the Asylum.

EAST SUSSEX LUNATIC ASYLUM.

Dr. Farm and Garden Accounts for the Year ending 31st March, 1895. C

1894.—March 31st.	£	s.	d.	£	s.	d.
To Estimated Value of						
Live Stock	892	18	0			
Estimated Value of						
Dead Stock	335	0	6			
Estimated Value of						
Tenant's Valuation	617	5	10			
Estimated Value of						
Provender	186	7	0			
				2031	11	4
1895.—March 31st.						
To Purchase of—						
Labour—						
Wages of Bailiff,						
Gardener, Cowman,						
Carter, and other						
Servants employed						
on Farm and Garden				614	13	0
Stock, Live and Dead—						
11 Cows.....	260	10	0			
60 Sheep	89	10	0			
1 Boar	5	15	0			
10 Pigs	22	15	0			
Implements	71	15	11			
				450	5	11
Provender—						
Oil Cake	155	5	0			
Bran and Sharps	67	6	4			
Barley and Maize	61	1	0			
Straw, &c. ..	212	6	4			
Grains	79	5	6			
				575	4	2
Seeds and Manures—						
Seeds, Manure & Lime				143	19	6
Other Payments—						
Thrashing & Thatching	17	2	11			
Railway Carriage.....	21	13	7			
Medicine and Shoeing	28	18	8			
Valuation.....	7	7	0			
Sundries & Grubbing	190	11	9			
				265	13	11
Rates and Taxes (Esti-						
mated)	45	11	7			
Estimated Rent on						
Land	200	0	0			
				245	11	7
Balance in favour				58	17	3
				£4,385	16	8

1895.—March 31st.	£	s.	d.	£	s.	d.
By Sale of—						
15 Calves	21	10	0			
36 Sheep.....	72	14	0			
15 Pigs.....	35	2	0			
Hides and Skins	5	9	9			
Hay, &c.	12	5	11			
Sundries.....	3	10	5			
				150	12	
By Produce supplied to House—						
9,424 lbs. Beef @ -/5 $\frac{3}{4}$	225	15	3			
628 „ Suet @ -/5 $\frac{1}{4}$	13	14	9			
11,220 „ Pork @ -/5 $\frac{1}{2}$	268	16	3			
184 „ Mutton @ -/6	4	12	0			
106 „ Veal @ -/7	3	1	10			
Bells, Livers, &c. ...	4	8	0			
				520	8	
18,736 gals. Milk @ -/11	858	14	7			
4,257 No. Eggs „ -/1	17	14	9			
129 „ Poultry „ 2/6	16	2	6			
55 „ Rabbits „ 1/2	3	4	2			
				895	16	
1,325 bus. Cabbage @ 1/-	66	5	0			
299 „ Onions „ 2/-	29	18	0			
1,634 „ Potatoes „ 1/6						
and 2/8	185	16	10			
66 „ Peas @ 2/-	6	12	0			
225 „ Beans „ 2/-	22	10	0			
354 „ Carrots „ 2/-	35	8	0			
532 „ Parsnips „ 2/-	53	4	0			
142 „ Turnips „ -/10	5	18	4			
1,572 No. Cauliflowers						
@ -/1 $\frac{1}{2}$	9	16	6			
Other Vegetables	38	13	11			
Fruit and Rhubarb.....	14	18	5			
Vegetables and Fruit						
supplied to Medical						
Superintendent	23	5	8			
				492	6	
Keep of House Horse...				23	8	
By Estimated Value of						
Live Stock.....	1083	11	6			
Estimated Value of						
Dead Stock	340	0	6			
Estimated Value of						
Tenant's Valuation	665	11	5			
Estimated Value of						
Provender	214	2	0			
				2303	5	
				£4,385	16	

ESTIMATED VALUE OF FARM STOCK:—

1894.—March 31st.	£	s.	d.
37 Cows, Bull, Fatting Beasts, and			
Calves	525	0	0
7 Horses	232	0	0
60 Head of Swine.....	123	0	6
103 Poultry and Ferrets	12	17	6
	892	18	0
Dead Stock, Implements, &c.	335	0	6
Tenant's Valuation	617	5	10
Provender	186	7	0
	£2,031	11	4*

1895.—March 31st.	£	s.
38 Cows, Bull, Fatting Beasts, and		
Calves	661	0
7 Horses	209	0
20 Sheep	40	0
69 Pigs	161	19
93 Poultry and Ferrets	11	12
	1083	11
Dead Stock, Implements, &c.	340	0
Tenant's Valuation	665	11
Provender	214	2
	£2,303	5

Examined by the Farm Committee, May 25th, 1895.

(Signed)

J. HORTON STEPHENS.
A. BURTENSHAW.
JOHN J. LISTER.

(Signed)

S. A. MORTLOCK,
Clerk of the Asylum

* These Valuations were made by Mr. THOS. BANNISTER, Haywards Heath.

An Abstract of the Annual Returns of Pauper Lunatics chargeable to the several Unions and Places in the County of East Sussex, 1st January, 1895.

(Lunacy Act, 1890, Rule 29.)

CHARGEABLE TO UNIONS AND COUNTY.	In County Asylum.		In Private Asylum.		In Asylums in other Counties.		In Work- houses.		In Lodg- ings or Boarded out.		Residing with Re- latives or Friends.		TOTAL.	
	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.
Battle	14	21	4	1	..	19	21
Brighton.....	133	186	1	...	73	70	23	23	230	279
Chailey	6	11	1	3	1	..	8	14
*Cuckfield	22	32	1	...	3	10	3	...	29	42
Eastbourne	29	26	4	7	1	3	34	36
*East Grinstead	15	22	1	2	9	10	3	5	28	39
Hailsham	15	22	3	1	1	8	19	31
Hastings	6	16	31	46	3	3	40	65
Lewes	18	19	3	3	21	22
Newhaven	14	6	2	4	16	10
Rye	9	11	9	5	2	3	20	19
*Steyning	34	51	11	17	8	11	6	4	59	83
*Ticehurst	17	18	3	4	2	1	1	22	24
Uckfield	12	22	3	6	4	2	19	30
West Firle.....	...	5	5
County, East Sussex...	3	3	...
TOTALS.....	347	468	42	63	3	5	129	135	46	49	567	720

* As a portion of these Unions are in other Counties the whole of their Lunatics included in this Return do not belong to East Sussex.

SUMMARY.

Year.	In Asylums.		In Workhouses		With Friends.		TOTALS.		
	M.	F.	M.	F.	M.	F.	M.	F.	M. & F.
1st January, 1894	358	503	124	138	43	49	525	690	1215
„ 1895	392	536	129	135	46	49	567	720	1287

S. A. MORTLOCK,
Clerk of the Asylum.

LOAN ACCOUNT.—EAST SUSSEX.

*Showing the Amount of Money Borrowed, and the Payments made in respect of the same,
on the 31st March, 1895.*

When Borrowed.	Rate of Interest.	Amount of (Loans.)	Amount Paid off during the year ended 31st March, 1895.	Total Amount paid off.	Remaining due.
		£ s. d.	£ s. d.	£ s. d.	£ s. d.
1856, October 13th.	£4 $\frac{1}{4}$ per cent.	500 0 0	500 0 0
” ”	£4 $\frac{1}{2}$ per cent.	500 0 0	500 0 0
” ”	”	500 0 0	500 0 0
1857, April 6th.	”	11000 0 0	11000 0 0
” October 19th.	”	5500 0 0	5500 0 0
1858, January 4th.	”	5500 0 0	5500 0 0
” June 28th.	”	5500 0 0	5500 0 0
” October 18th.	”	5000 0 0	5000 0 0
1859, April 4th.	”	8000 0 0	8000 0 0
” June 27th.	”	1550 0 0	1550 0 0
” ”	”	6700 0 0	6700 0 0
” October 17th.	”	3350 0 0	3350 0 0
1860, January 2nd.	”	2680 0 0	2680 0 0
1861, April 8th.	”	1340 0 0	1340 0 0
1863, October 19th.	”	3350 0 0	3350 0 0
1864, January 4th.	”	2345 0 0	2345 0 0
1866, October 15th.	£5 per cent.	4355 0 0	145 3 4	4064 13 4	290 6 8
1881, October 17th.	£4 per cent.	536 0 0	17 17 4	232 5 4	303 14 8
1893, December 29th.	£3 $\frac{1}{2}$ per cent.	*10358 14 0	199 13 0	199 13 0	10159 1 0
1894, September 19th.	”	1349 0 0	12 17 9	12 17 9	1336 2 3
		£79913 14 0	£375 11 5	£67824 9 5	£12089 4 7

THE
MEDICAL SUPERINTENDENT'S
THIRTY-SIXTH ANNUAL REPORT.

THE MEDICAL SUPERINTENDENT has the honour Thirty-sixth Annual Report.
to submit the Thirty-sixth Annual Report to the
Committee of Visitors.

On the 30th September, 1893, the Numbers in the Numbers on the 30th September, 1893.
Asylum were—Male, 368; Female, 545; Total, 913.

The Admissions during the year ending 30th Sep- Admissions.
tember, 1894, have been—Male, 162; Female, 189;
Total, 351.

The Discharges during the year have been—Male, Discharges.
98; Female, 188; Total, 286.

The Deaths during the same period have been— Deaths.
Male, 47; Female, 55; Total, 102.

The Average Daily Number Resident during the Mean Annual Population.
year has been—Male, 365; Female, 485; Total, 850.

The Numbers in the Asylum this day (30th Sep- Numbers this day, September 30th, 1894.
tember, 1894), are—Male, 385; Female, 491; Total,
876.

The Admissions were abnormally high, owing in great measure to the number of patients (96) who were brought back from other Asylums, to which they had previously been sent for lack of accommodation here.

In order to show the natural increase, it will be convenient to exclude these from calculation, and deal with the number 255.

The following tabular statements shew the details of the year's admissions (with the exceptions above named); the expectancy of recovery on admission; their age groups, and forms of mental disorder.

Expectancy of Recovery on Admission.

Sex.	Number.	Good.	Fair.	Bad or Hopeless.	Actively Suicidal.
Males	109	23	24	62	27
Females ...	146	38	43	65	42

Ages on Admission.

	5—15.	15—35.	35—55.	55—75.	75 and upwards	Un-known.
Males	2	41	37	26	3	...
Females ...	4	43	56	38	5	...

Form of Mental Disorder of Year's Admissions.

	Males.	Females.	Total.
Insanity with Epilepsy	10	3	13
Idiocy without Epilepsy	5	5	10
„ with Epilepsy	3	1	4
Imbecility without Epilepsy..
„ with Epilepsy.....
General Paralysis.....	20	3	23
Dementia	17	11	28
Mania	31	69	100
Melancholia	22	54	76
Not Insane.....	1	...	1
TOTAL	109	146	255

The remarks which were made with reference to the Admissions being abnormal apply equally to the Discharges, and the West Sussex cases (178) who were sent in January to other Asylums are excluded from calculation. The Discharges.

The Discharges, without this disturbing influence, were 108, and were at the rate of 42.3 per cent. of the (normal) year's admissions.

Fifty-nine patients were discharged recovered. Of these 4 were sent out on trial and subsequently discharged; 43 were discharged to the care of their friends, relieved; 1 was discharged in the technical sense only, being transferred from the Criminal to the Pauper list; 1 was not insane; and the remainder were transferred to other Asylums not materially improved.

The Deaths.

One hundred and two deaths occurred: viz., 47 Males and 55 Females.

Of the total deaths 15 were due to phthisis, 9 to bronchitis or pneumonia, 7 to heart disease, 15 to progressive paralysis of the insane, 4 to old age, 1 to suicide, and the remaining 51 to various constitutional disorders, mental or bodily.

The death-rate is 12 per cent. of the population daily resident, but only 8 per cent. of the total number under treatment.

The following Table shews the ages at death, in certain age groups.

Ages at Death.

	0-5	5-15	15-35	35-55	55-75	75 and upwds	Total deaths from all causes and at all ages.
Males	2	7	17	17	4	47
Females	..	1	8	22	23	1	55
Total	3	15	39	40	5	102

Post-mortem examinations were made in 38 cases, this being the number for which the consent of relatives could be obtained.

Every death was reported to the Coroner, but in only two instances did he consider an inquest necessary: one was that of a female patient who died from natural causes within three hours of her admission, and the other was that of a male patient who hanged himself;

in both instances the jury found verdicts in accordance with the evidence, and exonerated the Asylum officials from all blame.

The following table shews the number of the year's admissions, with the exceptions previously mentioned, who were Discharged, Died, or Remain :—

	Males.	Females.	Total.
Discharged Recovered.....	12	15	27
„ Unimproved	1	1
„ to care of friends	6	10	16
Transferred to other Asylums	...	8	8
Not Insane	1	...	1
Died	17	19	36
Remain in Asylum	73	93	166
Total	109	146	255

These figures are significant, because they show that 45·7 per cent. of the recoveries were of patients who had been admitted during the year; and this teaches how important it is to place insane patients under treatment in Asylums without delay. From the deaths among the year's admissions being 35 per cent. of the total deaths we gather something of the severity of the cases; from the residue we can form some opinion of how Asylums fill up, and why more accommodation is required. For while our figures relating to the total number recovered show that rather more than half

were of patients who had had more than one year's residence, and justify the hope that the like number may be discharged eventually, still they cannot fail to prove that a very large margin of accommodation is required to give a working balance for the excess of admissions over discharges and deaths of any one year.

The total number of patients under treatment was 1,264, or nearly one-third more than the total number of beds; indicating therefore the great number of changes which occurred during the twelve months.

The year 1893-4 marks a very important epoch in the affairs of this Asylum. On December 31st, 1893, the partnership which had existed between the Eastern and the Western Divisions of the county for 34 years was brought to an end, and West Sussex ceased to have any right to accommodation in this Asylum. The West Sussex patients had been drafted gradually to other Asylums, and in January, 1894, the greater part (178) of the remainder were sent away, but 80 were still retained here as "boarders."

The variation in the number of inmates has a very disturbing effect on the management of an Asylum, for lunatics cannot be put anywhere, but have to be classed and warded according to their mental and bodily state and requirements. Between the 1st and 2nd January, 1894, there were 261 changes—that is to say 178 patients were discharged and 83 were admitted. Since 1889 the number of cases transferred to and from this and other Asylums has been no less than 491.*

* Exclusive of ordinary transfers of patients, made chargeable to this or other Counties, as the case may be.

The mere clerical labour involved in these numerous changes has been very great, but it has been performed with the same accuracy as characterises all Mr. Mortlock's work. It is further satisfactory to mention that the movement of these numbers to Northampton, Littlemore, Salisbury, London and *vice versa* has been effected without a single mishap. Thanks are due to the London, Brighton and South Coast Railway Company, and especially to their obliging Station Master at Haywards Heath (Mr. Chart), for the admirable arrangements that have been made for the patients' safe and speedy transit.

Although some of the circumstances which conduced to these results cannot occur again, yet it is greatly to be hoped that a similar want of accommodation may never be felt in the future as it has been in the past.

The system of "boarding out" the patients belonging to one county in the Asylum of another is not only most costly, but it involves great hardship on both patients and their relatives; many of the latter have neither the strength nor the means to visit an asylum far removed in another county.

To meet the want of further Asylum accommodation for East Sussex, steps must be very speedily taken, for there is every probability of the need being a very pressing one.

Your Sub-Committee appointed to consider the question of providing further accommodation have formulated their recommendations under the following heads:

To provide—

- 1.—A hospital for the treatment of acute cases.
- 2.—Additional accommodation for pauper patients.
- 3.—Special accommodation for idiots and imbeciles. (Lunacy Act 1890, sec. 241).
- 4.—Accommodation for private patients (Lunacy Act 1890, sec. 241).

The subject has also been dealt with, at your direction, by your Medical Superintendent, under the following divisions:

- 1.—A Statistical Statement, relating to the growth of Lunacy in Sussex in 1871—1891.
- *2.—The method of adapting the present building to meet the want for further accommodation.
- 3.—The best means to be adopted to provide for a prospective and natural increase in Lunacy.

Four patients made their escape either from the working or walking parties; all were brought back. Accidents have neither been numerous nor, with one exception, serious; they have already been reported, as they occurred.

Several important works have been completed or commenced during the year. Chief among them, and of more significance, perhaps, to the wellbeing of the place than anything which has preceded it, is the adoption of another site for sewage treatment. The proximity of the present sewage irrigation ground to the water supply

* This had special reference to overcrowding, treated on the basis of the capacity, of the present building.

has always been a serious cause for anxiety, and when this was forcibly brought to notice, your Committee, with characteristic agreement in all good work for the benefit of the institution, at once adopted the proposal for another sewerage scheme.

A site was suggested by your Medical Superintendent, its practicability determined by the County Surveyor, and approved of by no less an authority than the late Mr. W. Topley, F.R.S., the eminent geologist speaking for its fitness from a geological and hydrographical point of view; and by Mr. Baldwin Latham from the sanitary engineering aspect. Mr. Card, by means of a 9-inch pipe drain (with specially secured joints—Hassell's patent) laid at an inclination of 1 in 130, will convey the sewage to 16 acres of land on the far farm specially prepared for sewage treatment. Such a velocity as will be secured will make the sewers self-cleansing. The storm-water will be separated, and this will materially facilitate the treatment of the sewage on the land; while a considerable portion of the rainfall will be stored and afford a valuable means of watering the kitchen garden.

Alterations in the basement of the Stores, making a dry area, and improving the sanitary condition of sundry w.c's. have been among the works carried out by the staff.

The re-flooring of Male Wards Nos. I. and II. with pitch-pine has been a work of lasting importance, for it gave the occasion for removing a quantity of earth and rubbish which was found to be packed close up to the old floorboards and seriously impeded the ventilation beneath the floors. New boilers have been placed in

the well-house, and the machinery here and elsewhere overhauled and repaired.

The exterior of the building throughout has been re-painted under contract. Female VIII. Ward has been entirely re-decorated.

The opinion of an expert was obtained as to the fire appliances, and means for dealing with an outbreak of fire. He made certain suggestions, which have been adopted: he will for the future make a yearly inspection.

The Commissioners in Lunacy paid their statutory visit on 11th and 12th May; the Lord Chancellor's Visitor paid visits on March 24th and August 18th.

Committees of several of the Boards of Guardians visited the patients chargeable to their respective Unions, and very satisfactory reports have been left as to the condition in which they have found their patients.

Pensions have been granted to three Attendants with 27, 23 and 19 years' respectively, to the Cabinet-maker with 29 years', to the Blacksmith with 29 years', and to the Stoker with 27 years' service. As might be expected these resignations have rendered numerous changes in the staff inevitable.

The officers remain the same, and the Medical Superintendent is again indebted to his colleagues, Drs. Walker and Bennett, for their efficient help; to the Chaplain for the agreeable relations which exist between them, and to the Head Attendants in their respective divisions for their constant zeal and attention to duty. To the Committee he desires again to offer his thanks for the expression of their satisfaction in his work.

C. E. SAUNDERS, M.D.,

Medical Superintendent.

SEPTEMBER 30TH, 1894.

THE CHAPLAIN'S THIRTY-SIXTH ANNUAL REPORT.

THE Chaplain has the honour to lay before the Thirty-sixth
Annual Report. Committee his annual Report.

The usual services have been held in the Chapel and Services. in the Dining Halls. A large number of patients take an interest in the Dining Hall services; and in the Chapel there has been the usual quiet and attentive behaviour.

The Holy Communion has been celebrated on the Holy
Communion. first Sunday of each month, and on the great festivals, with an average attendance of 12 women and 4 men, on Easter Day the numbers being 19 females and 3 males. There has also been a private celebration in the Female Infirmary.

The Harvest Festival was held on September 16th. Harvest
Festival. No pains were spared by Mrs. and Miss Saunders and a few helpers in making the chapel as beautiful as possible on this and on the other festivals.

The singing of the patients when left to themselves is Choir. so exceptionally slow that it needs a strong choir to lead them, and it is fortunate that several good and strong voices have been added to the choir during the past year. The afternoon services especially have gained in this way.

Funerals.

There have been 62 funerals in the Asylum cemetery, an increase of ten on last year. In many cases friends have attended the funerals, but, as a rule, so great is the desire of relatives to remove the body, that they often spend more than they can afford in doing so.

Schools.

The Schools have commenced again for the season, being attended by about 80 females and 50 males. Attendance is optional, and many of the best patients think it beneath them to attend. Reading, writing, and drawing are the favourite occupations.

Library.

The Library in the Chaplain's office has been more used this year than ever before. Over 600 volumes have been purchased, of which two-thirds are books complete in one volume, and the Chaplain hopes in course of time to fill all the shelves with interesting books, complete in one cover.

Visits.

The regular visits have been paid to the Wards, Workshops and Infirmarys, and much knowledge of the patients has been gained in the short time allowed, and the Chaplain feels grateful to the Head Attendants for the information and help which they have readily supplied.

Conclusion.

In conclusion, the Chaplain is glad to feel that he is on excellent terms with the various officers of the Asylum, from whom he has received the greatest kindness.

(Signed) E. R. D. LITTLE, M.A.,

Chaplain.

SEPTEMBER 30TH, 1894.

APPENDIX,

CONTAINING

STATISTICAL AND OTHER TABLES,

&c., &c.

The Medical Superintendent desires to acknowledge the service rendered to him by the Clerk of the Asylum (Mr. S. A. Mortlock) in the compilation of these Tables.

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TABLE I.

Showing the Admissions, Re-Admissions, Discharges, and Deaths during the Year ending 31st December, 1894.

				M.	F.	T.
In the Asylum January 1st, 1894				335	493	828
				M.	F.	T.
Admissions—						
First Admissions.....				102	116	218
Re-Admissions.....				57	68	125
Total Number of Admissions during the Year				159	184	343
Total Number of Cases under Care during the Year.....				494	677	1171
				M.	F.	T.
Discharges—						
Recovered				28	33	61
Relieved				12	26	38
Not Improved				13	72	85
Died				46	53	99
Total Number of Discharges and Deaths during the Year				99	184	283
Remaining in the Asylum 31st Dec., 1894...				395	493	888
				M.	F.	T.
Average Daily Number Resident during the Year ...				381	482	863
*Persons under Care during the Year				492	677	1169
Persons Admitted				157	184	341
,, Recovered				28	33	61
Transferred to this Asylum...				49	54	103
,, from this Asylum				9	71	80

* Persons, *i.e.*, separate persons, in contradistinction to “Cases,” which may include the same individual more than once.

TABLE I_A.

Showing (1) the Previous Attacks among Persons Admitted during the Year 1894, and (2) the Number of Times they have Previously Recovered in this or any Asylum.

(1) NUMBER OF PREVIOUS ATTACKS.	PERSONS.		
	Male.	Female.	TOTAL.
Have had 1 Attack	21	29	50
„ 2 Attacks	3	6	9
„ 3 „	2	4	6
„ 4 „	1	1
„ 5 „	2	2
„ 7 „	1	1	2

(2) NUMBER OF TIMES PATIENTS RECOVERED.	IN THIS ASYLUM.			IN ANY ASYLUM.		
	M.	F.	T.	M.	F.	T.
Once	12	15	27	6	12	18
Twice.....	1	4	5	2	1	3
Three Times	1	2	3	...	1	1
Four „	2	2			
Seven „	1	...	1			

TABLE II.

Showing the Admissions, Re-Admissions, Discharges and Deaths, from the Opening of the Asylum to the 31st December, 1894.

	M.	F.	T.	M.	F.	T.
Persons Admitted during the Period of 35½ years.....	3218	3273	6491			
Re-Admissions	510	719	1229			
Total Cases Admitted				3728	3992	7720
Discharges—						
Recovered	1006	1202	2208			
Relieved	471	583	1054			
Not Improved	393	411	804			
Died	1463	1303	2766			
Total Discharges and Deaths since the Opening of the Asylum				3333	3499	6832
Remaining 31st Dec., 1894 ...				395	493	888

	Male.	Female.	TOTAL.
Average Daily Number Resident during the 35½ Years	316	392	708
Transferred to this Asylum ...	523	473	996
„ from this Asylum	458	462	920

TABLE II_A.

Showing the Admissions and Recoveries of Persons from
25th July, 1859, to the present date, 31st December,
1894 (35½ years).*

HISTORY OF RECOVERIES OF PERSONS.

	Male.	Female.	TOTAL.
Persons Admitted during the 35½ years	3218	3273	6491
Persons Discharged Recovered	801	946	1747 †
Of whom were Re-Admitted, Relapsed ‡	242	381	623
Recovered Persons who have not Relapsed	559	565	1124
Relapsed Persons subsequently Discharged Recovered §	129	180	309
Leaving a Nett Total of Re- covered Persons	688	745	1433 ¶

* Persons, *i.e.*, separate persons in contradistinction to "Cases," which may include the same individual more than once.

† 26.9 per cent. of Persons admitted.

‡ *i.e.*, Persons who have Relapsed one or more times.

§ *i.e.*, After last Re-Admission, if Relapsed more than once.

|| *i.e.*, Recovered Persons sane at the present time, so far as the Asylum Statistics show.

¶ 22.0 per cent. of Persons admitted.

TABLE IV.

Showing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December, 1894.

Admitted.				Discharges and Deaths in 1894 of each Year's Admissions.								Total Discharges and Deaths of each Year's Admissions to 31st December, 1893.								Remaining of each year's Admissions Dec. 31st, 1894					
YEAR.	New Cases.		Tot.	Recovered.		Relieved.		Not Improved.		Died.		Recovered.		Relieved.		Not Improved.		Died.		M.	F.	Tot.	YEAR.		
	M.	F.		M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.					Tot.	
1859	143	164	307	11	16	27	25	9	4	13	112	118	230	6	6	12	1859
1860	79	104	184	16	30	46	19	11	18	29	43	44	87	1	1	2	1860
1861	102	60	169	10	20	30	11	41	6	47	38	32	70	1	1	4	1861
1862	58	64	129	16	28	44	5	2	4	6	36	30	66	1	1	2	1862
1863	58	22	81	11	5	16	4	4	1	5	39	11	50	1	...	1	1863
1864	56	62	118	16	19	35	5	3	9	12	37	36	73	2	...	2	1864
1865	62	50	112	12	18	30	7	2	3	5	47	24	71	1	2	3	1865
1866	64	84	159	15	27	42	11	2	3	5	44	45	89	1	3	4	1866
1867	63	80	162	21	28	49	10	2	4	6	31	44	75	5	2	7	1867
1868	116	61	192	19	35	54	18	53	3	56	23	30	53	6	...	6	1868
1869	57	71	128	19	21	40	5	4	2	6	27	32	59	4	2	6	1869
1870	76	61	166	31	40	71	2	2	2	4	45	27	72	3	2	5	1870
1871	42	52	116	18	24	42	9	1	3	4	20	24	44	4	3	7	1871
1872	130	119	268	27	55	82	34	19	16	35	54	31	85	4	3	7	1872
1873	88	85	173	31	38	69	13	4	6	10	48	43	91	4	1	5	1873
1874	106	100	237	32	38	70	18	7	12	19	56	43	99	6	6	12	1874
1875	109	121	258	32	40	72	24	9	18	27	53	54	107	4	4	8	1875
1876	114	96	248	37	35	72	20	22	13	35	50	37	87	2	3	5	1876
1877	92	101	222	27	36	63	19	6	13	19	47	40	87	5	7	12	1877
1878	98	100	233	38	28	66	15	5	15	20	48	44	92	6	6	12	1878
1879	93	92	215	34	38	72	19	8	12	20	35	37	72	7	4	11	1879
1880	98	87	229	43	39	82	20	8	10	18	39	27	66	3	9	12	1880
1881	85	98	222	40	57	97	19	5	11	16	31	33	64	7	4	11	1881
1882	93	80	222	42	45	87	14	7	9	16	43	28	71	7	5	12	1882
1883	79	110	240	46	51	97	10	8	15	23	34	30	64	5	7	12	1883
1884	93	79	229	44	46	90	12	9	13	22	40	26	66	8	15	23	1884
1885	81	92	210	40	33	73	17	6	20	26	29	31	60	4	11	15	1885
1886	78	86	210	41	40	81	7	13	6	19	31	27	58	7	13	20	1886
1887	104	83	228	42	40	82	13	9	16	25	44	20	64	15	11	26	1887
1888	101	89	243	36	37	73	17	18	11	29	43	25	68	12	17	29	1888
1889	98	105	232	31	26	57	16	13	16	29	34	41	75	14	21	35	1889
1890	98	137	289	38	36	74	17	24	13	37	27	50	77	13	29	42	1890
1891	102	133	306	33	40	73	12	18	12	30	40	44	84	26	45	71	1891
1892	99	127	283	13	37	50	16	20	17	37	26	32	58	37	43	80	1892
1893	101	102	298	16	23	39	9	6	3	9	23	10	33	44	67	111	1893
1894	102	116	343	23	39	62	11	20	9	23	23	...	117	139	256	1894
TOTAL	3218	3273	7720	28	33	61	12	46	978	1169	2147	459	1016	719	1417	1250	2667	395	493	888	TOTAL				

Summary of Total Admissions, 1859-94.

Male. Female. Total.

Percentage of the Recovered

27.0 30.1 28.6

TABLE V.

Showing the Causes of Death during the Year 1894, together with the Ages at Death.

CAUSE OF DEATH.	TOTALS at all Ages.		Under 15 Years.		15 and 20		20 and 25		25 and 30		30 and 35		35 and 40		40 and 45		45 and 50		50 and 55		55 and 60		60 and 65		65 and 70		70 and 75		75 and 80		80 and 85		85 and under 100.		Age not known		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	
<i>Cerebral Diseases.</i>																																					
Brain Atrophy	6	8	14																																		
Apoplexy	1	1	2																																		
Epilepsy	4	4	8																																		
Progressive Paralysis of the Insane	11	9	20																																		
Exhaustion from Mania.....	2	2																																			
" " Melancholia.....	3	7	10																																		
Atheroma of Cerebral Vessels	1	1																																			
<i>Thoracic Diseases.</i>																																					
Pleurisy	2	2																																			
Bronchitis	2	2																																			
Pneumonia	2	2																																			
Phthisis	4	9	13																																		
Morbus Cordis	2	4	6																																		
<i>Abdominal Diseases.</i>																																					
Intestinal Obstruction	1	1																																			
Volvulus	1	1																																			
Bright's Disease	1	1																																			
<i>Other Diseases.</i>																																					
Spinal Sclerosis	1	1																																			
Cancer of Stomach	1	1																																			
" " Liver	1	1																																			
Exhaustion from Carbuncle	1	1																																			
Senile Gangrene	1	1																																			
Decay of Old Age.....	2	3	5																																		
Suicide	1	1																																			
TOTALS	46	53	99																																		

Ascertained by *Post-Mortem* Examination :—Males, 16 ; Females, 21 ; Total, 37.

TABLE VI.

*Showing the Length of Residence in those who have Recovered
and in those who have Died during the Year 1894.*

LENGTH OF RESIDENCE.	RECOVERED.			DIED.		
	M.	F.	T.	M.	F.	T.
Under 1 month.....	1	1	2	4	3	7
1 month and under 3 months	10	6	16	5	6	11
3 months „ 6 „	6	11	17	9	11	20
6 „ „ 9 „	6	8	14	2	4	6
9 „ „ 12 „	3	1	4	2	4	6
1 year „ 2 years	2	4	6	5	7	12
2 years „ 3 „	...	2	2	1	3	4
3 „ „ 5 „	5	7	12
5 „ „ 7 „	2	2	4
7 „ „ 10 „	2	1	3
10 „ „ 12 „	2	1	3
12 „ „ 15 „	4	1	5
15 „ „ 20 „	1	1	2
20 „ „ 25 „	1	1	2
25 „ „ 30 „
30 „ „ 35 „	1	1	2
TOTAL.....	28	33	61	46	53	99

CLASSIFICATION.	ADMISSIONS.			DISCHARGES.				DEATHS.		
	Male.	Female.	TOTAL.	Recovered.			Relieved, or otherwise.	Male.	Female.	TOTAL.
				Male.	Female.	TOTAL.				
<i>FIRST CLASS—</i> First Attack, and of less than Three Months' duration on Admission	82	89	171	19	18	37	10	36	30	53
<i>SECOND CLASS—</i> First Attack, above Three and less than Twelve Months' duration on Admission	13	16	29	1	..	1	..	10	4	11
<i>THIRD CLASS—</i> Not First Attack, and less than Twelve Months' duration on Admission	36	45	81	7	13	20	9	45	12	18
<i>FOURTH CLASS—</i> First Attack OR OTHERWISE; of more than Twelve Months' duration on Admission	13	20	33	..	1	1	..	2	7	17
<i>FIFTH CLASS—</i> Congenital	11	11	22	3	2
Not Ascertained	4	3	7	1	1	2	3	3
TOTAL	159	184	343	28	33	61	25	98	53	99

TABLE IX.

Showing the Condition as to Marriage in the Admissions, Recoveries, and Deaths during the Year 1894, and of Patients resident on the 31st December, 1894.

CONDITION IN REFERENCE TO MARRIAGE.	ADMISSIONS.			RECOVERIES.			DEATHS.			PATIENTS RESIDENT 31st Dec., 1894.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
Single	82	91	173	11	15	26	18	23	41	240	264	504
Married	66	56	122	15	13	28	24	17	41	125	157	282
Widowed	9	33	42	..	5	5	4	13	17	18	63	81
Unknown	2	4	6	2	..	2	12	9	21
TOTAL	159	184	343	28	33	61	46	53	99	395	493	888

TABLE X.

Showing the Probable Causes of Insanity in the Patients Admitted during the Year 1894.

Number of Instances in which each Cause was Assigned.									
CAUSE OF INSANITY.	ADMISSIONS... {			No. of Cases.			Total, 343.		
				M. 159. ...			F. 184. ...		
	As Predisposing Cause.			As Exciting Cause.			As Predisposing or Exciting (where these could not be distinguished).		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
MORAL.									
Domestic Trouble (including Loss of Relatives and Friends)	3	12	15
Adverse Circumstances (including Business Anxieties & Pecuniary Difficulties)...	8	3	11
Mental Anxiety and Worry (not included in the above two heads) and Overwork	3	3	6
Religious Excitement	3	4	7
Love Affairs (including Seduction)	2	2
Fright and Nervous Shock	1	1	2
PHYSICAL.	5	5	10	9	13	22	32
Intemperance in Drink	2	...	2	3	...	3	5
Self-Abuse (Sexual)	2	...	2	2
Sunstroke	4	...	4	2	...	2	6
Accident or Injury	1	1	1
Pregnancy	4	4	4
Parturition and the Puerperal State...
Lactation
Privation and Starvation
Old Age	8	10	18	10
Other Bodily Diseases or Disorders ...	1	...	1	15	5	20	21
Previous Attacks	23	34	57	34
Hereditary Influences Ascertained (direct and collateral)	27	47	74	23
Congenital Defect Ascertained	47
	14
	31
	41
	58
	99

Showing the Form of Mental Disorder on Admission in the Admissions, Recoveries, and Deaths of the Year 1894, and the Form of Mental Disorder of the Inmates on 31st December, 1894.

FORM OF MENTAL DISORDER.	ADMISSIONS.			RECOVERIES.			DEATHS.			REMAINING IN ASYLUM.		
										Form of Mental Disorder, 31st December, 1894.		
	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.	Male.	Female.	TOTAL.
Congenital or Infantile Mental Deficiency (a) with Epilepsy	5	5	10	1	1	10	5	15
" (b) without Epilepsy	14	9	23	1	1	47	36	83
Epilepsy—Acquired	8	3	11	6	5	11	50	57	107
General Paralysis of the Insane	14	6	20	11	9	20	22	12	34
Mania:—												
Acute	29	44	73	14	14	28	8	18	26	17	30	47
Chronic	22	31	53	102	149	251
Recurrent	7	12	19	1	4	5	...	1	1	18	12	30
e Potu	...	2	2
Puerperal	...	1	1
Senile	1	6	7	2	2	4	8	11	19
Melancholia:—												
Acute	23	36	59	9	8	17	5	13	18	14	30	44
Chronic	5	6	11	27	38	65
Recurrent	4	9	13	3	7	10	2	...	2	2	9	11
Puerperal
Senile	3	1	4	1	1	2	6	3	9
Dementia:—												
Primary	2	6	8
Secondary	18	11	29	6	1	7	62	90	152
Senile	5	2	7	5	1	6	8	5	13
Not Insane	1	...	1	1	...	1
TOTALS	159	184	343	28	33	61	46	53	99	395	493	888

TABLE XIII.

Patients' Daily State and Employment.

(Compiled from the Daily State Book, which is made up from the Ward Returns).

OCCUPATION OR TRADE.		Daily No. of Patients Employed.
Male Patients.		
Working Party.	{ With the Gardener and Out-door Attendants	54
	{ With the Farm Attendants	17
	{ With the Cowman	3
With the	Carpenter	3
„	Bricklayer	1
„	Upholsterer	2
„	Basket-maker	1
„	Tailor... ..	12
„	Shoemaker	8
„	Matmaker... ..	14
„	Painter	5
„	Engineer	3
„	House Attendant	4
„	Bath „	4
In the	Dining Hall	12
„	Storekeeper's Stores... ..	3
„	Wards (Cleaning)	79
Daily Number Employed		225
Female Patients.		
In Laundry and Wash-house	69
„ Kitchen...	8
„ Dining Hall...	12
„ Wards, &c. (Cleaning)	46
„ „ (Needlework)	238
„ Vegetable Room...	2
Daily Number Employed		375
ATTENDANCE AT—		DAILY ATTENDANCE.
		M. F. TOTAL.
Sunday Divine Service	{ In Dining Halls	273 462 735
	{ In Chapel	228 250 478
Week-day Morning Prayer	263 368 631
School	53 50 103
Weekly Ball	102 120 222
Other Entertainments	120 120 240
Walk about the Grounds	89 368 457
„ beyond „	115 120 235
„ on the Terraces	240 400 640
NIGHT REPORT.		
Number of Wet Cases	6 2 8
„ Dirty „	3 2 5
„ Noisy „	4 6 10
		AVERAGE DAILY NUMBER RESIDENT.
		381 482 863

TABLE XIV.
THE ESTABLISHMENT.

OFFICERS.

Medical Superintendent	£750	}	Furnished House, Coals, Vegetables, and Laundry.
Chaplain	250		
Clerk to Visitors	200	}	None.
Clerk of Asylum	300		
Senior Assistant Medical Officer ...	250	}	Lodging, Board, Washing, and Atten- dance.
Junior Assistant Medical Officer ...	100		
Housekeeper	60		
Head Attendant (Female)	110		
Female Assistant Officer	45	}	House, Coals, and Gas.
Storekeeper	150		
Head Attendant (Male)	100		

ATTENDANTS AND SERVANTS.

2	Male Attendants (Night) ...	66	0	0	} Without Board, &c.				
1	Ditto ditto ...	64	0	0					
1	Ditto ditto ...	61	0	0					
1	Ditto ditto ...	60	0	0					
1	Ditto ditto ...	56	0	0					
1	Ditto ditto ...	53	0	0					
1	Organist and Schoolmaster	80	0	0					
1	Office Clerk	104	0	0					
Board, Lodging, and Washing :—									
1	Male Attendant (Dining Hall)	37	0	0	4	Female Attendants	20	0	0
1	Ditto	45	0	0	3	Ditto	19	0	0
2	Ditto	41	0	0	4	Ditto	18	0	0
1	Ditto	40	0	0	3	Ditto	17	0	0
1	Ditto	38	0	0	8	Ditto	16	0	0
2	Ditto	37	0	0	1	Seamstress	25	0	0
3	Ditto	36	0	0	1	Head Laundry Maid ...	25	0	0
1	Ditto	35	0	0	2	Laundry Maids... ..	18	0	0
1	Ditto	32	0	0	1	Ditto	17	0	0
1	Ditto (Basket Maker)	32	0	0	1	Hall Porter	45	0	0
1	Ditto	31	0	0	1	Man Cook	45	0	0
2	Ditto	30	0	0	1	Dairy Maid... ..	20	0	0
3	Ditto	27	0	0	1	Kitchen Maid	18	0	0
6	Ditto	26	0	0	1	Vegetable Room Maid ...	14	0	0
1	Female Attendant (Night)	30	0	0	3	Housemaids	16	0	0
1	Ditto ditto	23	0	0	1	Farm Attendant	36	0	0
1	Ditto ditto	22	0	0	1	Ditto	33	0	0
1	Ditto ditto	20	0	0	1	House Attendant	32	0	0
1	Ditto ditto	19	0	0	1	Bath ditto	29	0	0
1	Ditto ditto	18	0	0	House, Coals, Vegetables, &c.				
1	Ditto (Dining Hall)	20	0	0	per Week.				
1	Ditto	35	0	0	1	Engineer (House, Coals and Gas)	2	0	0
1	Ditto	32	0	0	1	Bailiff	1	7	0
1	Ditto	30	0	0	1	Gardener	1	0	0
2	Ditto	25	0	0	1	Blacksmith (House & Gas)	1	5	0
1	Ditto	22	0	0	1	Front Ground Labourer ...	0	18	6
1	Ditto	21	0	0					

				per Week.					per Week.
Shoemaker	1 6 0	Garden Labourer	0 18 0
Matmaker	1 6 0	Painter and Glazier	1 11 0
Tailor	1 4 0	Painter	1 5 0
Cabinet-maker	1 12 0	2 Stokers	1 1 0
2 Bakers	1 4 0	Cowman	1 0 0
Butcher	1 5 0	Under Cowman	0 17 0
Florist	1 1 0	2 Carters	0 19 0
Carpenter	1 10 0	Farm Labourer (Sewage)	0 17 0
1 Ditto	1 5 0	Stockman	0 16 0
Bricklayer	1 11 0	House Carter	1 2 0
Bricklayer's Labourer	1 0 0	Store Porter	1 6 0

Made up on March 31st, 1895.

TABLE XV.

Contract Prices of the Principal Articles of Consumption for the Year 1894.

ARTICLES.	QUARTERS ENDING					
	March.		June.		September.	
	£	s. d.	£	s. d.	£	s. d.
Beef	0	4 0	0	4 0	0	4 0
Mutton	0	4 0	0	4 0	0	4 0
Pork—American.....	3	4 0	2	3 0	2	5 0
Flour—Households.....	1	1 2	0	19 9	0	17 0
" American (Pillsbury's Im- proved Straights).....	0	17 10	0	17 9	0	17 0
Meal	1	0 0	0	19 0	0	17 6
Ale—X	1	1 0	1	1 0	1	1 0
XX	1	10 0	1	10 0	1	10 0
" Cheese—Gouda	2	12 6	2	6 0	2	6 0
Butter	6	1 0	4	18 0	4	18 0
Bacon	3	18 0	3	13 6	3	13 6
Sugar—Raw.....	0	18 6	0	15 3	0	15 3
" Refined	1	2 6	1	0 0	1	0 0
Navy Cocoa	4	8 0	3	8 0	3	8 0
Treacle	0	14 0	0	7 9	0	7 6
Raisins	1	10 9	1	8 9	1	7 0
Currants	1	4 0	0	13 6	0	15 0
Split Peas	0	6 9	0	5 0	0	4 9
Soap—Yellow	1	2 9	1	4 0	1	4 0
" Soft	0	14 6	0	15 3	0	15 3
Coals—Steam	0	19 4	0	19 4	0	19 9
" House	0	19 0	0	19 0	0	19 8
" Coke	0	15 3	0	15 3	0	17 8

TABLE XVI.—Continued.

DINNER.

Male Patients.		Female Patients.		Male Patients.		Female Patients.	
Sunday	Pork and Suet Pudding, with Rice and Fruit in season.	...	Thursday	...	Plum Pudding & Treacle Sauce.	...
Monday	Pea Soup.	...	Friday	...	Pea Soup. Every other Friday, $\frac{1}{2}$ lb. of Fresh Fish.	...
Tuesday	Meat Pudding and Rice Pudding.	...	Saturday	...	Meat Pudding.	...
Wednesday	Plum Dumpling and Treacle Sauce.	...				

Bread, Beer, and Vegetables Daily.
When Rice and Fruit Pudding is given on Sunday, 4oz. less Suet Pudding to Males, and 1oz. less Meat to Females.

Extra Diet for Sick.—Minced Meat, Steak, Mutton Chop, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Batter Pudding, Sago, Barley Water, Gruel, Oranges, Biscuits, Galf's Foot Jelly, Porter, Bitter Ale, Port Wine, Sherry, Brandy, Gin, Whisky, Rum, Lemonade, Soda Water.

Extra Diet for Working Patients.— $\frac{1}{2}$ Pint Beer, 2oz. Bread, 1oz. Cheese at 11 A.M., and $\frac{1}{2}$ Pint Beer at 4 P.M.; the Laundry Patients 4oz. Bread with Butter, and $\frac{1}{2}$ Pint Tea. Tobacco and Snuff given as indulgences.

Attendants' and Servants' Diet.—Men, 1lb. Uncooked Meat; Women, $\frac{3}{4}$ lb. ditto; 1lb. Vegetables, 1lb. Bread, 2 Pints Beer daily. 2oz. Tea, $\frac{3}{4}$ lb. Sugar, $\frac{1}{4}$ lb. Coffee, $\frac{1}{2}$ lb. Butter, 1lb. Cheese weekly. $\frac{1}{4}$ lb. of Meat may be exchanged for Pudding or Pie, at the discretion of the Housekeeper.

Cocoa for One Hundred Patients.— $3\frac{1}{4}$ lbs. Cocoa, $4\frac{3}{4}$ lbs. Sugar, 3 Gallons Milk, or more, if the Dairy yields it.

Coffee Ditto $1\frac{1}{2}$ lbs. Coffee, $\frac{1}{2}$ lb. Chicory, $3\frac{3}{4}$ lbs. Sugar, 2 Gallons Milk.

Tea Ditto 1lb. Tea, 4lbs. Sugar, and 2 Gallons Milk.

Pea Soup Ditto {The Liquor of the Cooked Meat, Bones, &c.; 25lbs. Meat; 18lbs. Split Peas; Turnips, Cabbage, Parsnip, Leeks, Onions, Artichokes, or other Vegetables, Herbs, Salt, and Pepper.

Meat Pie Ditto Dripping Crust; 31lbs. Flour; 51lbs. Potatoes; 13lbs. Meat.

Meat Pudding Ditto 25lbs. Meat; 25lbs. Flour. (Boiled or Baked.)

Meat Stew Ditto 25lbs. Meat in a Stew, with Potatoes and other Vegetables mixed with Rice.

Plum Pudding, 100lbs. weight.—Flour, $46\frac{3}{4}$ lbs.; Suet, $6\frac{1}{2}$ lbs.; Raisins, $7\frac{1}{4}$ lbs.; Currants, $7\frac{3}{4}$ lbs.

HAYWARDS HEATH, September 30th, 1894.

(Signed) C. E. SAUNDERS, M.D.,
Medical Superintendent.

RAINFALL IN 1894.

Rain Gauge. { *Diameter of Funnel, 5in.*
 { *Height of Top* { *Above Ground, 1ft. 1in.*
 { *Above Sea Level, 281ft.*

MONTH.	Total Depth.	Greatest fall in 24 Hours.		Number of Days on which .01 or more fell.
		Inches.	Depth.	Date.
JANUARY	4.01	.93	25	15
FEBRUARY	1.88	.44	17	13
MARCH	1.32	.28	12	7
APRIL	2.08	.75	24	11
MAY	1.40	.24	31	10
JUNE	1.91	.59	6	9
JULY	5.42	1.54	29	16
AUGUST	2.05	.70	22	14
SEPTEMBER	3.32	.90	22	9
OCTOBER	4.43	1.10	26	13
NOVEMBER	5.48	1.77	11	14
DECEMBER	2.24	.65	7	11
<i>Total</i>	35.54	142

REPORT OF THE VISITING COMMISSIONERS IN LUNACY.

EAST SUSSEX AND BRIGHTON ASYLUM,

May 12th, 1894.

Yesterday's careful inspection of this Asylum has enabled us to record a very favourable opinion of its present condition. We found the wards generally very bright and comfortable, but we must except 5 B in the Male division, which is cheerless. It is a day dormitory occupied by a few very demented old men certainly, but it might easily be made pleasanter of aspect.

There are a few details to which we desire to call attention. The ceiling of the top-floor dormitory on the Female side is cracked, and looks dangerous. Most of the w.c. doors have handles which are useless, but which afford points to which suicidal patients might attach cords; we would recommend a gradual alteration of the locks of single room doors so that the doors may be opened from the outside by handles without the key; the bedsteads in the epileptic dormitories are dangerously high,—they might without much difficulty have the legs cut down to a safe height; hot-water taps in lavatories should have movable handles in charge of the attendants to prevent risk of scalding; it would be advisable to remove the wooden boxing which surrounds the baths,

and which only supplies receptacles for dirt ; we found the bedding very clean, but many mattresses are thin and hollow and need re-making ; in the Laundry we noticed some driving bands which should be better protected ; and the drying closets would be rendered far more efficient by the provision of a fan or fans to drive through them a current of heated air. Messrs. Bradford have devised a good arrangement for this purpose.

To our great regret Dr. Saunders is confined to his bed by illness, and we have not had the advantage of seeing him. He informs us, however, that the Committee have under consideration the provision of accommodation for recent and acute cases in the form of a separate hospital, and also some special accommodation for idiot children. Both projects will, we are sure, be favourably viewed by our Board. We may here suggest that possibly the present detached hospital, which is not very satisfactorily designed for its purpose, might be appropriated to the latter class, and a new hospital for infectious cases, better planned and of more moderate size, be erected in its place. In any case such a building as we have here indicated is almost a necessity, whatever be the appropriation of the present hospital.

We would also recommend the provision of means of pathological research, the prosecution of which is now being encouraged in very many Asylums.

We do not find that many structural works have been undertaken since the visit of our colleagues last year, but the dairy has been improved, the Female general bath room also and some single rooms have

been plastered, and some of the ground floor rooms, especially Female 8, re-decorated. Plastering of the rough brick walls is most desirable, not only for the sake of appearance but also on sanitary grounds.

We find on the Register of patients 857 persons, 377 being males and 480 females. Of the total 80 are West Sussex patients maintained here under contract at charges of 17s. per week, or 14s. for the less troublesome. The rest of the West Sussex cases have been removed to Fisherton House. One patient only is out on trial. There are only three vacancies for males, but 20 for females.

Since our colleagues' visit on May 19th, 1893, 379 patients have been admitted; 310 discharged or removed, of whom 70 had recovered; and 87 have died. Only 35 of these were followed by autopsy, a small proportion. One was a suicide by hanging, and in this, and one other case, an inquest was held. Lung disease was the cause of about 28 per cent. of the deaths. The causes, except as above, were of the character ordinary in Asylums. The patient who committed suicide was an epileptic not described as suicidal, but subject to frequent fits. He appears from the Case Book entries to have been employed in the blacksmith's shop, and on February 8th was locked in there alone, by the bricklayer, at 9.50, and at 10 o'clock was found hanging by a rope attached to a ladder. There seems to us to have been great want of care in leaving such a patient alone, quite apart from the question of suicide.

Bedsore were found on the bodies of four women who died, and of the women seen by us in bed two

suffered in this way. This would indicate some want of care in the nursing of the bedridden cases on the female side.

We learn that about 76 per cent. of the female patients, but only 54 per cent. of the males, are usefully employed. The latter proportion is low. As regards exercise, the returns inform us that about 108 patients walk daily beyond the airing courts, and some 220 weekly outside the Asylum grounds. A large number must therefore be confined for their exercise to the airing courts.

There is a good attendance at Chapel, but that at the associated entertainments, only some 250, is meagre. The recreation room could hold many more than this number.

As regards the patients, we found the majority very quiet and orderly, but the inmates of No. 6 Female ward were noisy, and generally untidy in dress. In this ward are 57 women of the more excited class: some distribution of them if possible would be desirable. On the whole the dress of the patients is not open to unfavourable comment, except that we regretted to see several strong dresses in use.

No mechanical restraint, and but one case of seclusion, is recorded since the last visit. Eight serious, but not fatal casualties are reported. There was one case of scarlet fever, none of any other zymotic disease.

The staff of attendants continues, in our opinion, to be insufficient in proportion to the patients. That on duty yesterday, including laundry maids, gives only one attendant to 14 male, and one to 15 female patients;

and No. 2 Female Ward, with 67 patients, 49 of them epileptic and 6 suicidal, has but three nurses, or one to 22 patients: while in the Male division, the corresponding ward, with 65 patients, of whom 52 are epileptic, there are but four attendants. We do not think an Asylum can be satisfactorily worked with such a staff; and agree with the remarks of our colleagues last year on the impossibility of the directions with regard to suicidal cases, of whom there appear to be 44 in each division, being properly observed.

The medical staff is as at the last visit, and we find the medical records well kept. Dr. Walker, in Dr. Saunders' absence, has afforded us all necessary information.

C. S. BAGOT,	} Commissioners in Lunacy.
F. NEEDHAM,	

